

# AROHE

**Transforming Retirement**

Association of Retirement Organizations in Higher Education

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January 2018

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## President's Notes



Greetings to all, Already we head into the New Year! We have all reflected (or deflected) upon 2017: good times, busy times, tough times, and hopeful times. I truly hope that your new year progresses well and that your institution also is weathering the fickle wind changes in all our localities.

A GOOD NEWS announcement is the inaugural **Innovation Awards** that AROHE is now implementing for recognition in 2018. We all want to highlight the creative programs, events, and activities of our member organizations. These shared reports not only provide the rest of us with inspiration, they also provide a roadmap for how to do such things in our own bailiwicks. An article in this newsletter leads you to all the information you need to submit either an application or a nomination for a member retirement organization. Submissions are due March 15, 2018; awardees (three of you) will be announced April 15, 2018. Awardees will be invited to present at the AROHE Biennial Conference Oct 7-9 in Atlanta GA; one member from each awardee organization will receive complimentary registration for the Conference.

We in AROHE have so many good things happening across the United States and Canada that the Board wanted to showcase that work, that pleasure, to those within and outside AROHE. We look forward to your entry.

Speaking of the **Conference**, Oct 7-9, 2018, I am excited to point out the article in this newsletter about the program being developed by our hosts at Emory University in Atlanta. In addition, you will find a Call for Proposals for presentations at the Conference. You will find information about the Call for Proposals for presentations at the conference. This event is shaping up as a valuable coming together for all our member organizations as well as representatives from institutions planning to establish a retirement organization. Best practices and new initiatives will highlight the sessions, and the latest information from the national and international level will be shared.

Your AROHE Board is also reviewing the strategic goals we put forward after our January 2017 retreat. The top five goals are: 1) Consultation service growth; 2) Member growth & retention; 3) Working towards autonomy; 4) Connecting with

regional and national key players (OLLI/AARP/ENCORE/GSA/ASA/AMC/CURAC); and 5) Financial health.

We welcome your thoughts and suggestions as we continue to build toward these goals across the next two years. The Board will keep you informed about any modifications to these goals in both the short and long term.

We also will be surveying you on a few issues in the next month or two. These include a survey about your membership, including opinions on AROHE's taking on a new possible role as an Association Management organization to assist institutions in setting up a Retirement Organization anew and a Newsletter Satisfaction Survey. Please take the few moments to complete these surveys as they come to you.

We really love hearing from each of you as an organization OR as a member within an organization. Contact us at [info@arohe.org](mailto:info@arohe.org) or [cmkane49@gmail.com](mailto:cmkane49@gmail.com).

Best,

*Caroline M. Kane*

Caroline M. Kane

AROHE President

### **AROHE 2018 Biennial Conference: "Re-Creating Retirement: Connect, Serve, Celebrate"**



**Sponsor:** Emory University Emeritus College (EUEC)

**Co-Sponsor:** Georgia Association of Higher Education Retiree Organizations (GA-HERO)

It's not too early to start thinking about taking on a significant role in your organization's key public venture, AROHE's international conference, held every two years in a different region of the country.

In Atlanta later this year, AROHE is intent on "Re-Creating Retirement," as its membership is called upon to explore new ways to "Connect, Serve, and Celebrate":

**To connect** - how member organizations and academic institutions can connect individual retirees more intimately with each other by building a more vibrant and challenging academic culture of retirement on their own campuses;

**To serve** - how retirement organizations and academic institutions can better serve both their schools and their communities with innovative and resourceful volunteer enterprises, thus demonstrating their enduring value to both; and

**To celebrate** - how AROHE, together with its regional consortiums, can help build a transnational movement that increasingly embraces and celebrates the contributions academic retirees make to their nations and society.

The Conference Planning Group, consisting of individuals from the AROHE leadership team, Emory's Emeritus College, and the GA-HERO regional consortium, have been busy putting together what they hope will be a true game-changer of a Conference!

### **PLENARY SPEAKERS**

#### **Monday, Oct 8, 2018**

**Steven M. Tipton** will speak on "*The Life to Come: Dreams & Doubts of Retirement*," which is also the title of a forthcoming book he is completing with the aid of a Guggenheim Fellowship. Tipton will broadly address the evolving ethos of retirement in American society in the first decades of the twenty-first century. Tipton is the Charles Howard Candler Professor of the Sociology of Religion, Emeritus in the Candler School of Theology and Graduate Division of Religion at Emory University. Among his many book-length publications, he is perhaps best known for his co-authorship (with Robert N. Bellah) of successive editions of *Habits of the Heart: Individualism and Commitment in American Life* (3rd ed. 2008). He has received grants and fellowships from the Sloan, Ford, and Rockefeller Foundations, the NEH, and the American Council of Learned Societies, among others.



#### **Tuesday, Oct 9, 2018**

**Roger Baldwin** will speak on "*Academic Retirement: Where Are We Now?*" Baldwin will speak on late academic life and efforts throughout the United States to reimagine the nature and purpose of the emeritus years by means of new organizational structures at colleges and universities. Baldwin is the Dr. Mildred B. Erickson Distinguished Chair in Higher, Adult, and Lifelong Education, Emeritus at Michigan State University. He has co-authored *Teaching without Tenure: Policies and Practices for a New Era* with Jay Chronister of the University of Virginia. His work with MSU colleagues on the professional needs of mid-career faculty has been published in the *Review of Higher Education*, *Liberal Education*, and *Change* magazine; it garnered the Robert J. Menges Award at an annual conference of the Professional and Organizational Development Network. Currently, Baldwin is studying late academic life and efforts throughout the United States to reimagine the nature and purpose of the emeritus years by means of new organizational structures. He will publish the results of this work in a compendium to be entitled "Reimagining/Reinventing Academic Retirement," due out later this year.



### **PROGRAM**

The Program Committee plans two days of Concurrent Sessions in these nine essential subject areas:

1. Transforming the All-Important Transition to Retirement - *How to make it far less problematic*
2. Starting a Retirement Organization - *How to start the ball rolling on your campus*
3. Integrating Faculty and Staff in Retirement Organizations - *How to turn a problem into a plus*
4. The Emeritus College Model of a Retirement Organization - *New ways to lead the life of the mind*

5. Creating Community: Communicating in Real and Cyberspace - *The biggest challenge of all*
6. Celebrating Successful Programs and Services - *Redefining an ethos of academic achievement*
7. Establishing Value: Serving Our Institutions and Communities – *Becoming indispensable by "giving back"*
8. Growing Retirement Organizations - *Taking a start-up to the next level and then...flourishing!*
9. Partners in Re-Creating Retirement – *Local, regional, and national collaborators in academic retirement*

There will also be a leisurely Resource Exchange Fair on Monday afternoon – with refreshments – at which member organizations and sponsors will be invited to exhibit and highlight their most successful programs and network with Conference participants.

### **CALL FOR PROPOSALS**

The Program Committee will circulate a Request for Proposals in February of 2018, asking for submissions to both the Concurrent Sessions (in the nine subject areas named above), and to the Resource Exchange Fair, which will welcome presentations of all kinds of best practices.

### **VENUE**

The Emory Conference Center Hotel is the ideal combination of a tranquil and convenient location, a visionary design reminiscent of the craftsman style of Frank Lloyd Wright, and an unrivaled dedication to service.

Adjacent to the Emory campus and a 26-acre nature preserve, the hotel offers over 32,000 square feet of flexible meeting space equipped with the state-of-the-art technology. Complimentary wireless internet service is available throughout – in guestrooms, meeting rooms and public areas.



Committed to environmentally protective policies, the hotel is Atlanta’s only LEED-certified conference center. A quite reasonable room rate is available both for the Conference dates themselves, and for three days before and after.

### **ATLANTA SIGNATURE EVENT**



For those who arrive a day early for the Conference, the Atlanta Arrangements Committee is planning an optional narrated bus tour that will combine some important aspects of the city’s history with a chance to enjoy some real down-home Southern cookin’.

On Sunday morning, October 7, participants will tour several historic Atlanta neighborhoods, visit the Martin Luther King National Historic Site along with the Jimmy Carter Presidential Library and Museum, with stop for brunch at the unique Mary Mac’s Tea

Room – which has been serving made-from-scratch Southern fare with a side of true Southern hospitality since 1945.

### **REGISTRATION**

Information on how to register for the Conference and Signature Event, and on how to book a room at the Emory Conference Center Hotel, will be forthcoming in the

next AROHE Matters. In the meantime, questions and comments may be addressed to the Chair of the Planning Group, John Bugge, at [engjmb@emory.edu](mailto:engjmb@emory.edu).

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## Inaugural AROHE Innovation Awards

AROHE invites nominations and applications for its inaugural Innovation Awards to retirement organizations in higher education. The awards are designed to encourage recognition, advancement and growth of retirement organizations in higher education by:

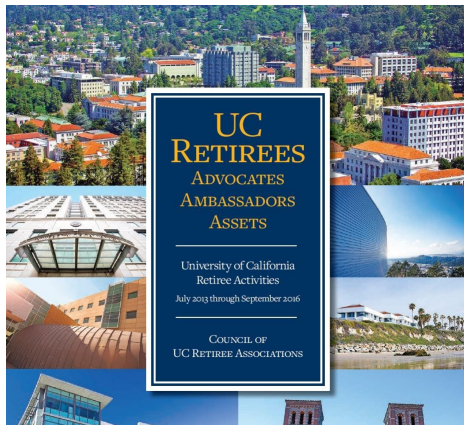
- Creating recognition at the campus, community, national and international level
- Demonstrating effective practices of higher education retiree organizations
- Contributing to the body of knowledge about higher education retirement organizations

All AROHE Member Organizations may be nominated or may apply for this award, and three winners will be announced for these Awards. All awardees will be invited to present their innovative practice at the 2018 AROHE Biennial Conference in Atlanta GA, October 7-9, 2018.

The application is open and available at [bit.ly/AroheAward](http://bit.ly/AroheAward). Deadline is March 15, 2018.

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## University of California Retirees Survey



An inaugural survey of the last three years' activities of retirees from the University of California (4,478 respondents) was recently completed by the Council of University of California Retirement Associations (CUCRA, a UC system wide consortium with representatives from 13 UC retiree associations).

The results provide evidence that retirees remain curious, vibrant, productive and generous; many commit hour's weekly to civic engagement and public service, years after retirement. UC Retirees: Advocates, Ambassadors, Assets is available

at [cucra.ucsd.edu/survey/RetireeSurveyReport.pdf](http://cucra.ucsd.edu/survey/RetireeSurveyReport.pdf).

Over 60% volunteer in their communities, and 20% volunteer for the University itself. They also provide professional service and have published written works. For most UC retirees, retirement is not a disengagement from the University, but a shift in the relationship. This survey begins an anticipated long term schedule of periodic surveys of retirees that complements surveys done of UC Emeriti every three years.

Data from these surveys are particularly significant in demonstrating to administrators, California lawmakers and the public how retirees contribute long after leaving active employment. These data also demonstrate to those considering retirement how they have the option of joining vibrant communities of retirees with continued passion for the communities and campuses they have long served.

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**Member News: Literary Musicale (Litmus) Program  
Emeritus College, Arizona State University  
Exploring New Exciting Life Avocations**

At Arizona State University, the Emeritus College ([emerituscollege.asu.edu](http://emerituscollege.asu.edu)) has been in existence for about eleven years. We have over 500 members and associate members. Most have been distinguished in their academic fields. But upon retirement, many are eager to grow and to explore other, new, exciting areas.



For some members, previous avocations have risen in importance. To capture this new enthusiasm, we have instituted what we call the Literary Musicale, or more lovingly: the Litmus.

In the bi-annual, two-hour program, members read their original poetry, stories, creative memoir vignettes, or nonfiction pieces, or play piano, clarinet, sax, classical guitar, flute, violin, cello, or a duo, trio, or quartet might get together and present classical works. We've had shows of artworks/photography, Tin Pan Alley songs, folk songs, songs from musicals, little-known musical pieces, slide shows, video, short plays, and some enjoyable audience participation experiences. Some of our members are working on books: both memoir and character study, fiction and non-fiction. Several have published outside their original fields. These are shared at the Litmus and in the Emeritus College literary journal, Emeritus Voices. This wonderful treasure is from participants who have explored new areas and have thus renewed and revitalized their creativity.

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### **Member News: New Space Stimulates New Energy at the Clemson University Emeritus College**



The Clemson Emeritus College ([clemson.edu/emerituscollege](http://clemson.edu/emerituscollege)) recently held an open house to celebrate newly remodeled and expanded space funded by Clemson's Provost, Robert Jones. The College now has contiguous administrative, meeting, and faculty work space enhanced by gallery-quality art produced by emeriti.

The well-designed space enhances opportunities for emeritus faculty to share their experience, wisdom, and expertise with faculty and students. Some emeriti work with students, teaching creative inquiry classes, mentoring honors fellows, tutoring at-risk students, leading study-abroad groups, conducting seminars for graduate students, or helping international students develop English-speaking proficiency. Others are embedded in academic departments, serving on masters and doctoral committees, collaborating with regular faculty in scholarly pursuits, or teaching courses in their areas of expertise. Still others serve on university committees dealing with such things as governance, academic programs, or disciplinary issues.

In the midst of all this, emeritus faculty do not neglect their own. Regular depth and breadth seminars; social, entertainment, and networking events; and informal gatherings round out a full program. Active committees augment the work of college staff - facilitating service programs, administering emeriti-funded awards and student scholarships, raising funds, and advising the Emeritus College Director.

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### **Member News: In Memoriam**

William L. Reese II, longtime Professor of Philosophy at University at Albany, State University of New York, died on September 22, 2017.

Bill was the author of 35 articles and twelve books, including the award-winning Dictionary of Philosophy and Religion; Eastern Western Thought.

Although he had been in failing health for some time, Bill's death was especially poignant for the Emeritus Center ([albany.edu/emergituscenter](http://albany.edu/emergituscenter)) which now bears his name. With decades of persistence, he convinced the University of the need for the Center, a permanent home in the University for emeriti. He ultimately persuaded then President Kermit Hall to establish it. Bill then recruited a Board and led it for several years as its founding President. He continued on the Board after handing the Presidency on.

Bill continues to enrich the community of emeriti through the generous endowments he established in 2015. One provides support for the work of the Emeritus Center, sufficient to keep his dream alive for the foreseeable future. Another embraces his belief in (and example of) active retirement. It establishes grants for projects by emeriti in the three "voices" of research, teaching and service. Grants from this endowment have been awarded for the past two years and will continue into the future.

It's not an exaggeration to say that all who knew Bill loved him. His determination and hard work didn't diminish his good nature at all. We can all bring to mind his distinctive engaging smile. There are not many like Bill; we wish there were more.

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## Resources and Trends

### **Resilient Aging Lab**

Offering tools and support for successfully transitioning into a new phase of life. Envisioning a world where aging is a vital stage of life and where there are no limits to what older people can do ([resilientaginglab.com](http://resilientaginglab.com)).

### **The Three Secrets of Aging: A Radical Guide**

John C. Robinson explores three powerful spiritual/mystical forces creating a new kind of aging. Changing bodies, fading identities and losses of all shapes and sizes represent an initiation into an entirely new dimension of life that may represent an end to our old life but also the beginning of a new one. ([http://www.johnrobinson.org/the\\_three\\_secrets\\_of\\_aging\\_115369.htm](http://www.johnrobinson.org/the_three_secrets_of_aging_115369.htm)).

### **Living longer, Living healthier – Tips for Better Aging**

National Institute on Aging at NIH created an infographic on this subject. Read it here: ([bit.ly/LiveLongerHealthier](http://bit.ly/LiveLongerHealthier)).

### **Improving Technologies for an Aging Society, Public Policy & Aging Report: Forging a Connection: Innovative Technologies for Aging Societies**

On our doorstep are a host of technological innovations that will clearly support and partially supplant many traditional sources of support for older adults. The contributions in this report provide an overview of where we are, where we may want to go and a "tasting menu" of how to get there. The report is available at ([academic.oup.com/ppar/article/27/2/41/4079748](http://academic.oup.com/ppar/article/27/2/41/4079748)).

### **A New Age of Aging: How Tech Can Ease the Trials of Getting Old**

University of California's *California Magazine* published an article on the benefits and intrusions of new technologies. The article is available on UC Berkeley's alumni page ([bit.ly/TechAndAging](http://bit.ly/TechAndAging)).

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## Come Join Us In Transforming Retirement

Since 2001 AROHE has supported both institutions and individuals by transforming the experience of retirement – the preparation, the actual transition, and post-retirement programming – into a smooth and productive life-course change.

To renew, join or learn more visit [arohe.org](http://arohe.org) or contact AROHE by emailing [info@arohe.org](mailto:info@arohe.org) or calling 213-740-5037.

## **Tell Us Your Story**

### **Share News, Activities, and Events of Your Retirement Organization**

Please send us a note about the activities, events, and news of your retirement organization for inclusion in AROHE Matters. Send your information to our newsletter editor at [pcullinane@berkeley.edu](mailto:pcullinane@berkeley.edu) by February 16th for the March newsletter.

## **About AROHE**

AROHE's mantra is "Transforming Retirement."

AROHE is a nonprofit association that champions transformative practices to support all stages of faculty and staff retirement, their mutually beneficial engagement, and continuing contributions to their academic institutions. By sharing research, innovative ideas, and successful practices, AROHE emphasizes the development and enhancement of campus-based retiree organizations and programs which support this continuing engagement in higher education.

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